Lesson Plan

Framing and Sequencing Shots

Project Summary

Shots are framed for different reasons whether it is to show detail or to show surroundings. However, knowing how and when to compose a shot in a given way will allow your audience to understand the message behind your video. Students will be given a list of shots and record each using the rule of thirds, a stabilized camera approach, a background that is not distracting and, proper framing of the given shot.

- Total Project Time - 1 Hour
- STN Standards: STN B3.1, STN B3.3, STN B3.4, STN F3.1, STN B3.3
- Subject/Pathway/Industry
    - Journalism & Broadcasting Career Pathway (CTE)
    - A/V Technology & Film Career Pathway (CTE)
    - Broadcast Journalism (ELA)

Performance Objectives

PRE-PRODUCTION GOALS
1. Students will determine site location for each shot.
2. Students will storyboard each identified shot to demonstrate proper framing.
3. Students will determine the necessary equipment needed to record the given shots.
4. Students will determine the group roles for the project.

PRODUCTION GOALS
Students will interpret and record each given shot using the rule of thirds, a stabilized camera approach, a background that is not distracting and proper framing of the given shot.

POST-PRODUCTION GOALS
1. Students will review all shots and determine what shots meet the given criteria.
2. Students will label all shots.

Project Outline

Students will then begin a scavenger hunt to capture all shots using a tripod to stabilize your camera. Slate each shot. Record each shot to last at least 10 seconds.

Important: Shoot with a purpose. The camera operator should note when the recording counter begins and record a few seconds more than is needed.

LS of a building- Let your picture show the depth of the building. Use corners and foreground to give dimension and composition.

1. Over the shoulder shot of someone winking at another person. This shot is set-up to show the outline of the person being winked at. Use the rule of thirds to place your subjects
2. MS Pan of a person walking down a sidewalk. To properly capture this shot, you will need to allow the person to enter the screen, pan with the person steadily, and then allow the person to exit the screen
3. Low Angle MS of a person – This gives the feeling of a superior individual
4. High Angle MS of a person – This gives the feeling of an inferior individual
5. Use of foreground – Compose a shot that uses foreground to show depth in the picture
6. XCU of a person reading a book- As a person reads a book, compose a tight shot that cuts off the top of the forehead to just below the chin

7, 8 and 9 – Three shot sequence. Use three different shots to capture sequence, by using one establishing shot and two close-ups from different angles.

Resources & Equipment

1. Framing Tutorial
2. Framing Reference Sheet from Media College
3. Presentation - What do these shots look like?
4. Video camcorder, tripod, battery power, and media storage

Industry Testimony

"Cinematography is so much about instinct and intuition - you want the same range of experience going into behind the camera as what you see in front of it. Your life experience will come through the lens."

- Rachel Morrison, Cinematographer

Assessment

[Framing and Sequencing Shots Rubric](#)

Contact

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Rubric
Framing and Sequencing Shots

Group_____ Period_____

CATEGORY	5	4	3	2	1	COMMENTS
Continuity	Demonstrates a clear coherent sequence of shots, creating an engaging and easy to follow story structure.	Demonstrates a solid sequence of shots creating an easy to follow story structure.	Demonstrates a reasonable sequence of shots, but at times is hard to follow the story structure.	Demonstrates a poor sequence of shots, creating a confusing story structure.	Sequence of shots is confusing and there is no real story structure.	
Lighting	Lighting is creative and always suitable to the mood of the scene, and technically superb.	Lighting is mostly suitable to the mood of the scene of the scene and is technically well done.	Lighting is somewhat suitable to the mood of the scene and is technically fair.	Lighting is poorly suited to the mood of the scene and is technically low quality.	Footage is too dark to be seen or overexposed for the majority of the film.	
Camera/ Direction	Shows advanced knowledge and use of camera techniques and highly skilled directing.	Shows excellent knowledge and use of camera techniques and skilled directing.	Shows moderate knowledge and use of camera techniques and skilled directing.	Shows poor knowledge and use of camera techniques and skilled directing.	Shows no knowledge and use of camera techniques and skilled directing.	
Composition	All shots are clearly focused and well framed using the rule of thirds.	Most shots are clearly focused and well framed using the rule of thirds.	Some shots are unfocused or poorly framed.	Few shots are unfocused and poorly framed using the rule of thirds.	Most shots are unfocused and poorly framed using the rule of thirds.	
Creativity	Highly unique, original idea and is well executed.	Somewhat original idea with good execution.	Lacks originality and execution is fair.	Little originality and poor execution.	Idea has no originality and execution is unacceptable.	
TOTALS						

ADDITIONAL FEEDBACK

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